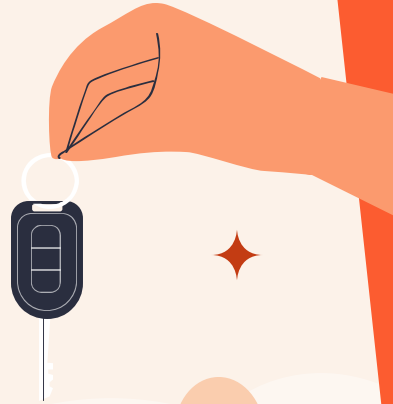


Supporting Your Commuter Student



Overview

01

Experience

02

Support

03

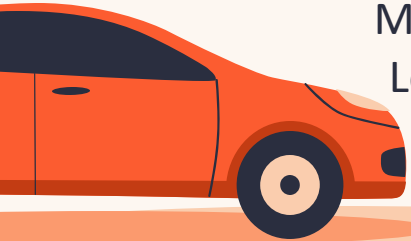
Resources

04

Managing
Logistics

05

Staying Connected



Understanding the Commuter Experience



Daily Realities

- Transportation logistics
- Weather
- Managing schedules
 - Coordinate schedules, work hours, and responsibilities



Common Challenges

- Transportation issues
- Campus engagement barriers
- Navigating Resources
- The transition between two worlds
- Self-care



Unique Strengths and Growth

- Strong ties to their local communities
- Resourcefulness
- Independence
 - Develop time management and organizational skills

Supporting Your Commuter Student

- Help manage logistics:
 - Commute time, emergency preparedness, have flexible schedules to help accommodate other obligations
- Provide a quiet student environment
- Check-in regularly
 - Be a listening ear for frustrations and successes.
- Acknowledge their efforts
 - Transitioning to college life as a commuter can be difficult. Let them know you recognize their hard work.
- Encourage campus involvement
 - (Discuss later)
- Leverage University Resources
 - (Discuss later)

By supporting your commuter student through encouragement and practical help, you can play a crucial role in their success and overall college experience

Resources



Bear Claw

- Center for learning and writing
- Academic Support: Including tutoring and writing assistance to help students succeed



Office of Student Engagement

- Gets students involved in campus activities and organizations
- Engagement opportunities are crucial for students to connect with peers and participate in campus life



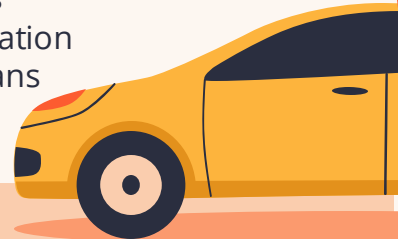
Study Spaces

- Meyer Library: Access to computers and academic resources
- PSU Commuter Corner
- In your academic building
- BearCave Student Resource Center



Safety

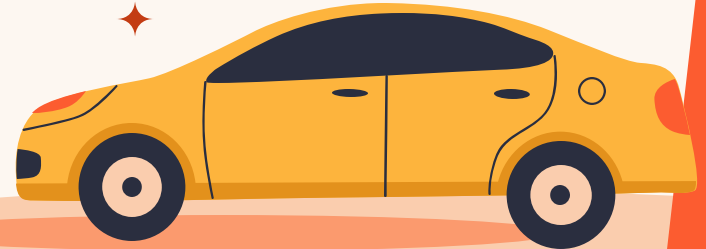
- Missouri alert system
- Safe walk program
- Blue light telephones
- Campus safety substation
- Emergency action plans





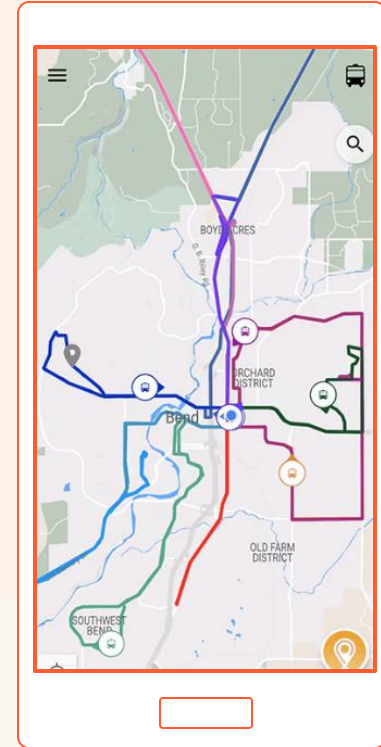
Parking

- Parking Permits: Yellow
 - Purchase through the Missouri State Parking Office
- Metered Parking
- Lot locations
- Plan to get to campus as least 30 minutes before class begins
- Familiarize yourself with parking regulations



Transportation

- Using shuttles: Bear line
 - Download the Passio Go app
 - Weekday routes run 7:00 a.m. – 6:00 p.m.
- Bicycles/Skateboard
 - Register your bike in the parking office
 - Use designated bicycle paths
 - Lock your bikes in authorized bike racks
 - U-shaped locks are recommended



Commuter Meal Plans

Combo Plans:

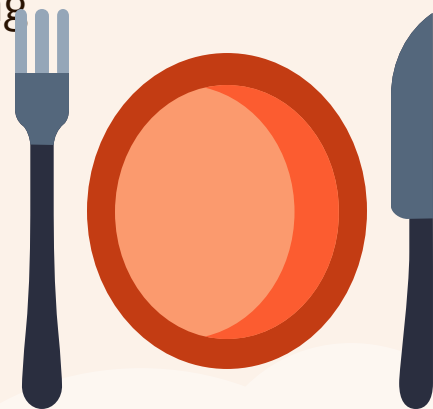
- Grizzly Pack (136 Swipes, \$550 Dining Dollars, Parking Pass for \$1425.84)
- Bear Pack (70 Swipes and \$280 Dining Dollars for \$774.90)
- Cub Pack (22 Swipes and \$200 Dining Dollars for \$401.74)

Dining Dollars Options:

- Amount you spend ➡ \$687, \$340, \$265, \$210
- Amount you pay ➡ \$625, \$310, \$242, \$192
- You get bonus dining dollars with each pack you buy

Traditional Meal Plan:

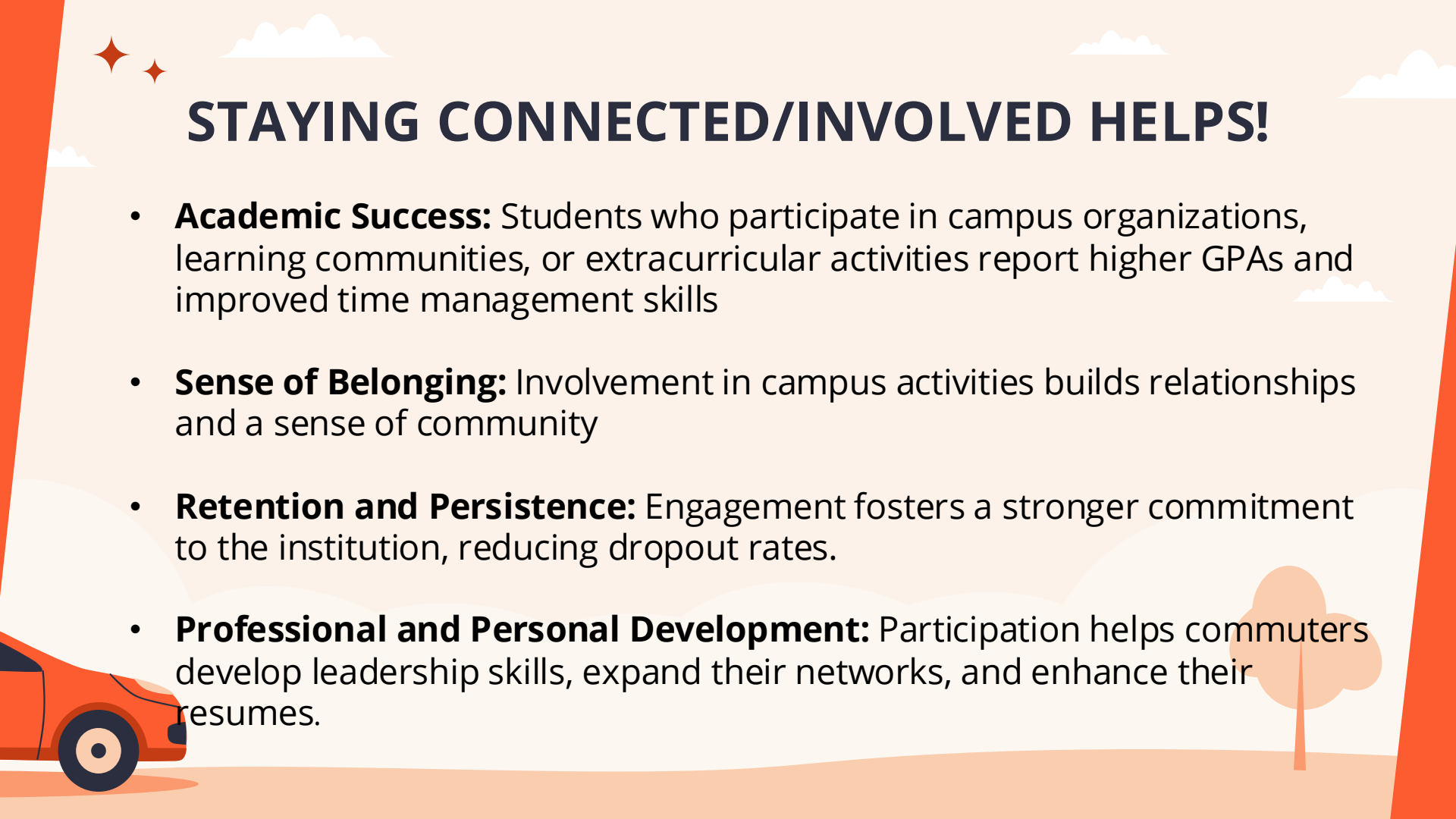
- Unlimited, 19/Week, 14/Week, 10/Week



Staying Connected on Campus

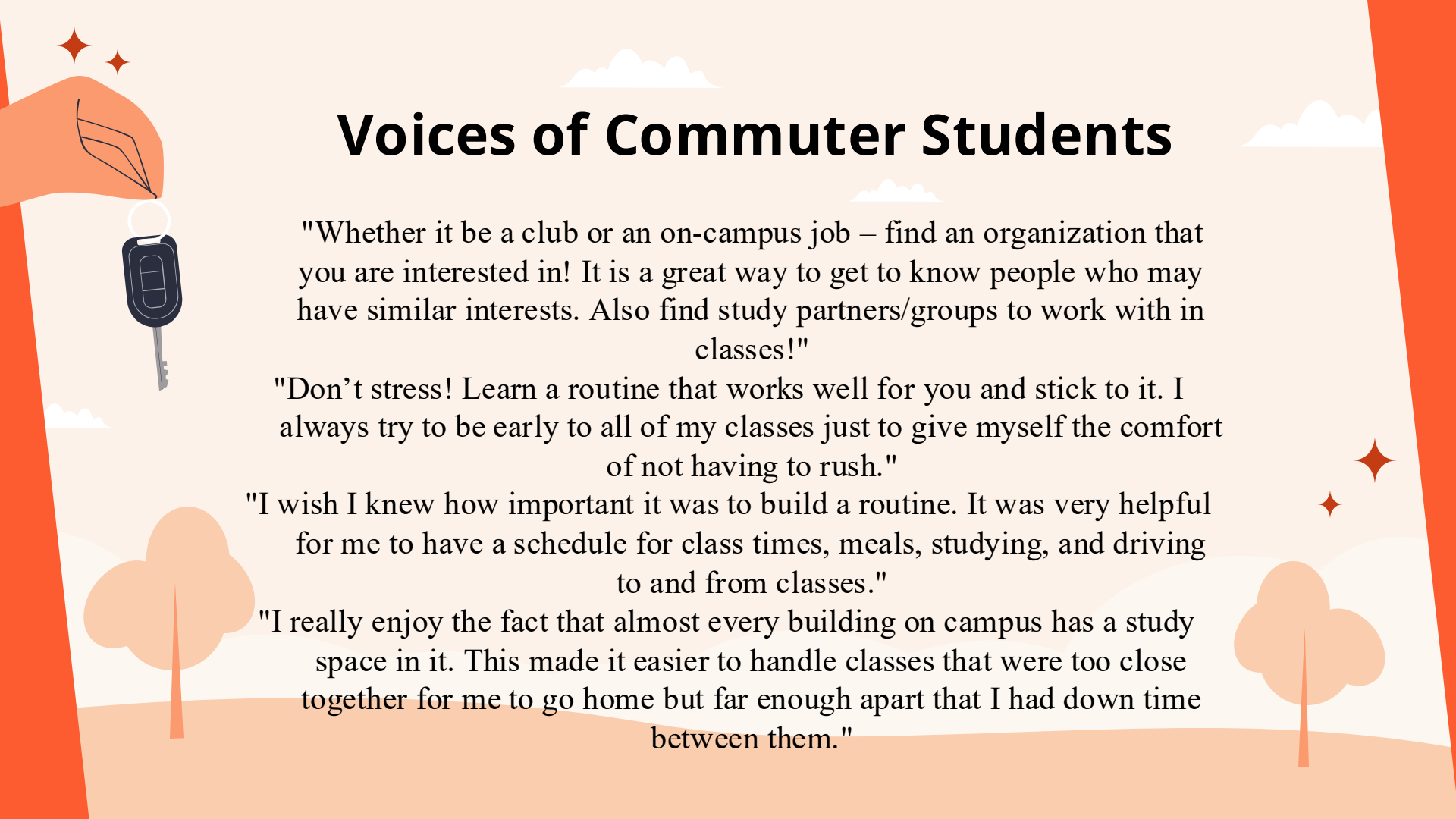
- Use campus apps and platforms
 - Stay Informed
 - Engage virtually
- Join Clubs and Organizations
 - Over 375 student organizations, ranging from academic and professional groups to hobby-based groups
- Attend Campus Events
 - Welcome events
- Stay on campus between classes
- Build a support network





STAYING CONNECTED/INVOLVED HELPS!

- **Academic Success:** Students who participate in campus organizations, learning communities, or extracurricular activities report higher GPAs and improved time management skills
- **Sense of Belonging:** Involvement in campus activities builds relationships and a sense of community
- **Retention and Persistence:** Engagement fosters a stronger commitment to the institution, reducing dropout rates.
- **Professional and Personal Development:** Participation helps commuters develop leadership skills, expand their networks, and enhance their resumes.



Voices of Commuter Students

"Whether it be a club or an on-campus job – find an organization that you are interested in! It is a great way to get to know people who may have similar interests. Also find study partners/groups to work with in classes!"

"Don't stress! Learn a routine that works well for you and stick to it. I always try to be early to all of my classes just to give myself the comfort of not having to rush."

"I wish I knew how important it was to build a routine. It was very helpful for me to have a schedule for class times, meals, studying, and driving to and from classes."

"I really enjoy the fact that almost every building on campus has a study space in it. This made it easier to handle classes that were too close together for me to go home but far enough apart that I had down time between them."

Questions?

